

The pilgrimage to Paradise.

1 Cor. 15.

John 12. 24

Plinie.

Lactantius.

The wheat and other seede, though it dye and rot in the ground: yet springeth vp more beautifull then before. It is written how certain summer birds lye dead all winter, and reuive in the spring. The Phenix being burnt vnto ashes, yet of the same ashes is bred to liue againe.

So though our bodies layd shall be,  
to rot in lothsome graue:  
Yet afterwards in glorious state,  
more bewty they shall haue:  
When death hath held them downe awhile.  
Anon they shall arise,  
Eternally in ioy to liue  
With Christ aboute the skyes.

Chapter V.

The passage to Paradise is aptly compared to a warfare.



Plinie calleth a Philosophers life, a meditation of death. But it may truly be said, that the whole race of a Christian mans life: is nothing else, but a continuall warfare. For as the Israelites by bodily resistance, did assaile, fight against, and overcome seuen Nations, before they could obtaine a tempoꝛall inherifance, in the land of Canaan: so must Gods children, by Spirituall resistance, assaile, fight against, and overcome their  
leuod

Beginning and ending in the hart.

Deut. 7. 1.